

Evidence-Based D&A Prevention Programs



Club Ophelia

10-session program where high school girls are trained to mentor the middle school girls about bullying, developing decision making skills, and addressing relational issues while developing and enhancing their leadership and communication skills.

Family-Child Resources (FCR)



Too Good For Drugs

10-session classroom based program, available K through 8th grade, designed to build five essential life skills: goal setting, decision making, social skills, identifying and managing emotions, and effective communication.

Family-Child Resources (FCR) , Children's Home of York (CHOY)



Girls Circle

a structured support group for girls from 9-18 years, integrating relational theory, resiliency practices, and skills training to increase positive connection, personal and collective strengths, and competence in girls.

Adams Hanover Counseling Services (AHCS), Children's Home of York (CHOY)



Council for Boys

The Council is a strengths-based group approach to promote boys' and young men's safe and healthy passage through pre-teen and adolescent years.

Adams Hanover Counseling Services (AHCS), Children's Home of York (CHOY)



Project Toward No Drug Abuse

an interactive classroom-based substance abuse prevention program, for grades 9 through 12, focusing on three factors that predict substance abuse, violence-related behaviors, and other problem behaviors among youth: motivation, skills, and decision-making.

Adams Hanover Counseling Services (AHCS)



Protecting You, Protecting Me

8 to 10 session classroom based alcohol prevention program for K through 5th grade, addresses alcohol and brain development for kids, developed by Mothers Against Drunk Driving (MADD)

Children's Home of York (CHOY)