

York County Communities That Care (CTC)

A community-wide effort to promote a healthy community with responsible, respectful, resilient youth.

2009 CTC-PAYS Summary

The Pennsylvania Youth Survey (PAYS) was conducted throughout York County from September 15 through November 13, 2009 to assist in identifying the priority risk and protective factors affecting York County youth. 15 of York's 16 school districts, as well as New Hope Academy Charter School and two of the Lincoln Intermediate Unit (LIU) Schools participated. All together, 11,923 students in grades 6, 8, 10 and 12 participated in the survey.

York County identified two high risk factors and two low protective factors from the results of the 2009 survey as priorities for community planning:

High Risk Factors	Low Protective Factors
Parental Attitudes Favorable toward Antisocial Behavior	Community Opportunities for Prosocial Involvement
Family Conflict	Community Opportunities for Prosocial Rewards

Three priority problem behaviors were also identified:

Problem Behaviors	
Attacking Someone with Intent to Harm	Bring Drunk or High at School
Depression and Anxiety	

Community Board and Key Leader Board members selected preliminary programs, policies and practices to address these focus areas:

- To address *Family Conflict, Community Opportunities for Prosocial Involvement, Attacking Someone with Intent to Harm*, York County selected **Big Brothers Big Sisters (BBBS) of York County, Inc.** York County CTC will assist BBBS with increasing the number of matches they're able to place, by providing funding for an additional coordinator, as well as marketing campaigns to encourage adults to volunteer their time.
- To address *Family Conflict and Parental Attitudes Favorable toward Antisocial Behavior*, York County selected the **Strengthening Families Program**. York County CTC will work with the current three providers in York County to seek out ways they can work together to encourage community participation and increase use of the program.
- To address *Depression and Anxiety* York County selected the **Johns' Hopkins Adolescent Depression Awareness Program**. This school-based health class curriculum helps educate students, parents, and teachers about depression and bipolar disorder and how to seek help.

The following systems-change strategies were selected by York County to help facilitate the implementation of the selected programs and address gaps, issues and barriers in the community:

- To address *Community Rewards for Prosocial Involvement* by working with current youth leadership and involvement programs to create a York County Youth Council.
- To educate school employees, human service providers, and the community about services that are available in the community, where to find this information, and how to access services CTC will enhance awareness of FIRST (Free Information and Referral System Teleline).